

LUNCH MENU

11 A.M. - 3 P.M.

SALAD

Chicken & Shrimp can be added to any salad, grilled or blackened

Chicken 3.95 | Shrimp 5.95

HOUSE SALAD 5.99

With cucumber, tomatoes, black olives, carrots, croutons, parmesan cheese with our house oil & vinaigrette

SPINACH & TOMATO 6.99

Whole spinach leaves tossed in your choice of dressing with tomato slices on top

WEDGE SALAD 6.99

Served with tomato, cucumber, boiled eggs, bacon and Blue cheese crumbles

CAPRESE SALAD 8.99

Fresh mozzarella, tomato, basil and prosciutto

MIXED GREENS SALAD 7.99

With cranberries, tomatoes, walnuts, parmesan cheese & blue cheese with balsamic vinaigrette

CAESAR SALAD 6.99

With parmesan cheese croutons & mozzarella, garlic points

TOMATO MOZZARELLA & GRILLED CHICKEN SALAD 10.99

Over mixed greens with balsamic vinaigrette

ASIAN CHICKEN SALAD 10.99

With cashew nuts, goat cheese, apple slices, oranges, red peppers, & rice noodles with balsamic vinaigrette

BUFFALO CHICKEN SALAD 9.99

With blue cheese crumbles & celery over romaine lettuce with blue cheese dressing

FRESH CATCH SALAD 14.99

With your choice of the fish of the day over mixed greens & balsamic vinaigrette

SESAME SHRIMP SALAD 12.99

Over red leaf lettuce, apples, cashew nuts, cranberries, goat cheese & balsamic vinaigrette

CRAB CAKE SALAD 12.99

Two Maryland lump crab cakes, rice noodles & lump crab meat over red leaf lettuce

GRILLED VEGETABLE SALAD 8.99

Over mixed greens with eggplant, carrots, zucchini, onions, broccoli & mushrooms

FILET MIGNON SALAD 15.99

Over mixed greens

* All Salads can be served in a tortilla bowl for \$1.50

Dressing:

Balsamic Vinaigrette, Oil & Vinegar, Blue Cheese, Ranch, Russian, Caesar, Spicy Mayo, Red Wine Vinaigrette, French

WRAPS | PANINI | SANDWICHES

* All Sandwiches include a choice of House Salad, Rice, Fries or Pasta Salad

* Add Steamed Vegetables to your meal for \$1.99

* For an additional \$1.99 you can add a House or Caesar Salad to your meal

* For an additional \$1 to have your sandwich pressed, make it crispy outside

FILET MIGNON WRAP OR SANDWICH 10.99

With sautéed peppers, onions, mushrooms, cheddar cheese & demi-glaze

NEW YORK STRIP STEAK 11.99

On garlic bread with sautéed spinach & fresh mozzarella

SHORT RIB SANDWICH 10.99

With sweet potato fries, mozzarella, Russian dressing & coleslaw inside the sandwich

SPICY SHRIMP SOFT TACOS 10.99

With lettuce tomatoes red peppers & scallion

CRAB CAKE SANDWICH 10.99

With three mustard, lettuce, tomato, fried rice noodles, on a roll

PEKING DUCK WRAP 10.99

With scallions, cucumbers, & hoisen sauce

PULLED PORK BURRITO 9.99

With cheddar cheese, yellow rice, ranch & lettuce

BOHITO PULLED PORK 9.99

With Russian dressing, carrots, cucumbers & salsa

GRILLED CHICKEN, FRESH MOZZARELLA, TOMATO, & SPINACH WRAP 8.99

With olive oil & balsamic

BLACKENED CHICKEN SANDWICH OR BURRITO 8.99

With corn, avocado, ranch dressing on the side & cheddar cheese

GRILLED OR BLACKENED CHICKEN CAESAR SALAD WRAP 8.99

With croutons & parmesan cheese

BUFFALO CHICKEN WRAP 8.99

With blue cheese dressing, lettuce & tomato

CHICKEN PARMESAN 9.99

Thin strips of chicken cutlet with marinara sauce & mozzarella, roll

CHICKEN CUTLET SANDWICH 9.99

With fresh mozzarella, sautéed sundried tomatoes & roasted pepper, mayo

SOUTHERN FRIED CHICKEN SANDWICH 8.99

With carrots, cucumbers & salsa

CORNED BEEF OR PASTRAMI SANDWICH 8.99

With coleslaw, Swiss cheese, Russian dressing

TURKEY CLUB SANDWICH 7.99

With bacon, lettuce, tomato & mayo

6 OZ. BURGER 8.99

With your choice of three complimentary topping along with lettuce, tomato, & raw onions

Sautéed Peppers | Sautéed Onions | Mushrooms | Roasted Peppers | Onion Rings
Cheddar Cheese | American Cheese | Swiss Cheese | Bacon | BBQ Sauce

Addition \$2:

Avocado | Fried Egg | Blue Cheese Crumbles | Fresh Mozzarella

No Substitutions

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ENTREES

WASABI TUNA 15.99
With sesame noodles & steamed vegetables

FISH OF THE DAY: Grilled | Blackened | Pan Seared 12.99
With rice & vegetables

PENNE VODKA 12.99
With grilled or blackened chicken

BBQ RIBS 1/2 RACK 12.99
FULL RACK 18.99

GRILLED CHICKEN 10.99
Sesame noodles with mixed greens & grilled vegetables

TAO'S CHICKEN 8.99
White meat breaded & battered in a spicy sauce with rice

TAO'S SHRIMP 9.99
Breaded & battered in a spicy sauce with rice

BEEF & BROCCOLI 10.99
In a black bean sauce over rice & vegetables

SESAME CHICKEN 8.99
White meat breaded & battered in a sweet sauce with rice

GRILLED CHICKEN 8.99
In a black bean sauce

CHICKEN TERIYAKI STIR FRY 8.99
Slided chicken sautéed with mixed vegetables over yellow rice

SHRIMP TERIYAKI STIR FRY 9.99
Sautéed with mixed vegetables over yellow rice

CHICKEN WITH CASHEW NUTS 8.99
With rice

TAO'S PIZZA 7.99
Toppings are all \$1 each:
Pepperoni | Prosciutto | Extra Cheese | Basil
Fresh Mozzarella | Red Peppers | Onions

TAO'S QUESADILLA WITH FRIES 8.99
Add: Chicken \$3.95 | Steak \$4.95 | Chicken & Steak \$7.95
Served with sour cream, salsa & guacamole

DESSERT

FLAMING CHOCOLATE LAVA CAKE 8.99

APPLE CRISP 8.99

RED VELVET CAKE 8.99

CRÈME BRULÉ 8.99

CARROT CAKE 8.99

CHOCOLATE MOUSSE 8.99

BANANAS FOSTER 8.99

TOASTED ALMOND CAKE 8.99

TIRAMISU 8.99

CHEESECAKE 8.99